

**Arizona Comprehensive Cancer Control Plan
Prevention Committee
November 2, 2005
10:00 am – 12:00 noon**

Present: Agnes Attakai, Dilia Loe, Sue Gorman, Gale McCarty, Norm Peterson, Sharon McKenna, Brenda Flattum, Taira Kochar and Paran Pordell.

1. Introductions:

2. Review of Prevention Committee implementation guidelines: Taira Kochar.

3. Review of 3 priorities:

a. Tobacco

Objective 1.1: Reduce the prevalence of tobacco use by 16% among all Arizonans by 2010.

- Update on ADHS Tobacco Education Plan by Dilia and Brenda.
- Key players/programs to be identified and invited to committee:
 - County Health Departments
 - ITCA Tobacco Programs – Norm Peterson will invite or get info.
 - American Lung Association and American Cancer Society
 - Coalition for Tobacco Free Arizona.
 - Wingspan
 - IHS health care providers.
- Action Items: Committee members will connect with various programs and update the committee on what others are doing and invite more individuals to the meeting.

b. Physical Activity:

Objective 1.8: By 2010, collaborate with the Department of Education to increase by 20% the number of schools that offer daily physical activity of at least 30 minutes in duration at a moderate level to students.

- Sue Gorman and Sharon McKenna discussed incorporating sun safety message along with physical activity.
- General discussion on model school programs such as Teacher of the year, examples of pilot programs, legislative initiatives (Junk Food Bill)
- **Action Items:** Committee members will identify key contacts for the following programs and invite to next meeting:
 - Invite ADHS Physical Activity program people: Lisa DeMarie and Eric Day, to Prevention committee.
 - Invite AZDOE person to committee: Taira and Paran will find out person and invite.
 - Cooperative extension physical activity programs

- University College of Education programs.
- Invite WIC and ITCA/IHS Diabetes-Nutrition program: Norm will invite Melva Zarcona.

c. Nutrition:

Objective 1.11: By 2015, decrease the proportion of children, adolescents, and adults in Arizona who are overweight or obese by 20%.

- General discussion regarding ADHS Nutrition Plan.
- **Action Items:** committee members will identify key contacts for the following programs and invite to next meeting:
 - WIC and nutrition groups.
 - Headstart/AZDOE/model school curriculum.
 - Nutritional Science Departments at ASU/NAU/UofA
 - Associations to which we belong: Dietetic Associations, etc.
 - Employee Wellness programs
 - ACS, YMCA
 - Legislative initiatives such as Prop 303.

Next meeting December 8th 10-12 noon.

- Update on programs and key contacts.